



COURSE OUTLINE

SSW203

Prepared: Leanne Murray, MSW, RSW Approved: Martha Irwin, Chair, Community Services and Interdisciplinary Studies

Course Code: Title	SSW203: STRENGTHS-BASED SSW PRACTICE SKILLS												
Program Number: Name	1203: SOCIAL SERV WORKER												
Department:	SOCIAL SERVICES WORKER												
Semester/Term:	18W												
Course Description:	Students in this course will be introduced to resiliency research and evidence based helping models that will further develop their knowledge and ability to intervene from a person-centred approach with marginalized people. Students will learn to adopt a philosophical and value stance within an anti-oppressive and empowerment framework. Students will develop and apply strengths-based engagement, assessment, and intervention skills relevant to the helping field. This course will provide opportunities to integrate theory and application of concepts and skills through experiential exercises and role-plays.												
Total Credits:	3												
Hours/Week:	3												
Total Hours:	45												
Prerequisites:	SSW101												
This course is a pre-requisite for:	SSW217, SSW222												
Course Evaluation:	Passing Grade: 50%, D												
Evaluation Process and Grading System:	<table border="1"> <thead> <tr> <th>Evaluation Type</th> <th>Evaluation Weight</th> </tr> </thead> <tbody> <tr> <td>Assessment Report</td> <td>20%</td> </tr> <tr> <td>Exams</td> <td>30%</td> </tr> <tr> <td>Self Reflection Assignment</td> <td>10%</td> </tr> <tr> <td>Skill Development</td> <td>10%</td> </tr> <tr> <td>Strengths Based Interview Assignment</td> <td>30%</td> </tr> </tbody> </table>	Evaluation Type	Evaluation Weight	Assessment Report	20%	Exams	30%	Self Reflection Assignment	10%	Skill Development	10%	Strengths Based Interview Assignment	30%
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Assessment Report	20%												
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Self Reflection Assignment	10%												
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Strengths Based Interview Assignment	30%												
Books and Required Resources:	Choices Interviewing and Counselling Skills for Canadians by Shebib, B. (2017) Publisher: Toronto: Pearson Canada Inc Edition: 6th Ed												



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Course Outcomes and Learning Objectives:

Course Outcome 1.

Express understanding and knowledge of empowerment oriented practice approaches.

Learning Objectives 1.

- A. Describe key elements of empowerment at a personal, interpersonal and sociopolitical dimensions
- B. Identify key resiliency and protective factors that influence well-being at an individual, family and community level
- C. Recognize, define and apply the core assumptions, values of strengths perspective
- D. Understand and integrate an anti-oppressive social service work approach when working with individuals and families
- E. Apply interventions and skills in accordance with practice models studied
- F. Maintain professional helping relationships, which adhere to ethical and legal standards.

Course Outcome 2.

Employ empowering and strengths-based helping skills effectively to promote the needs of clientele served.

Learning Objectives 2.

- A. Understand the impact of oppression and incorporate this “context” in helping diverse people
- B. Identify and assess client needs and strengths utilizing a holistic and strengths based approach
- C. Accurately collect, organize, assess and document client strengths, risks and challenges incorporating a bio-psycho-social-spiritual framework
- D. Utilize and accurately apply the strengths perspective in working with others
- E. Demonstrate increased skills in foundational relationship/helping skills inclusive of empathy, authenticity, strengths-based strategies/questioning, active and reflective listening.

Course Outcome 3.



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Engage in effective interventions and strategies throughout the helping process.

Learning Objectives 3.

- A) Identify the dynamics, tasks and function of each of the phases of the helping relationship
- B) Demonstrated increased proficiency in the process/steps of engagement, intake, assessment, referral, contracting, referral, goal setting and service planning (client management/coordination)
- C) Produce written documentation consistent with the SSW standards and community service organization's practice
- D) Demonstrate knowledge of natural and major helping systems that support clients in the achievement of their goals

Course Outcome 4.

Develop a helping style that reflects multi-cultural competent practice.

Learning Objectives 4.

- A) Gain sufficient self awareness to eliminate the influence of personal values and biases in working with diverse people
- B) Understand & analyze the impact of oppression, incorporate this "context" in practice
- C) Explain key elements of cross-cultural understanding, diverse Canadian context and core multi-cultural competences related to helping
- D) Commit to multicultural awareness and competency development in practice

Course Outcome 5.

Develop and maintain positive working relationships with others.

Learning Objectives 5.

- A) Work collaboratively as a member of a team, recognize and respect diverse views and show ability to work effectively with others
- B) Use effective problem-solving strategies
- C) Seek and use support and feedback as related to one performance



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- D)Employ effective self-care strategies
- E)Develop awareness of self and recognize how this impacts the development of effective relationships with others
- F)Identify and use tools for engaging in reflective practice
- G) Utilize interpersonal communication skills in dialogue with classmates and professor that are reflective of the essential SSW practice skills learned

Date:

Wednesday, August 30, 2017

Please refer to the course outline addendum on the Learning Management System for further information.